

Long John Silver's One-Leg Rig

A step by step guide to creating and using your own One-Leg Rig for drama and theatre

Created and developed by Nathan Gilleland



How to make a One-Leg Rig:

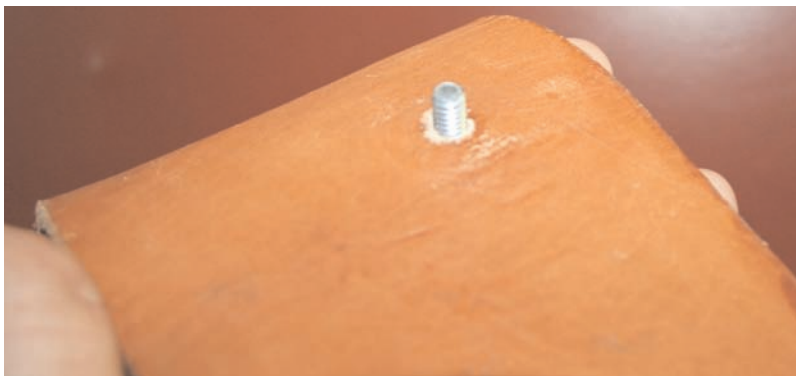
(for characters such as Long John Silver)

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By building and/or using the rig and equipment described in this manual, the consumer assumes all risks and liabilities.

Equipment needed:

- 1 Heavy-grade leather weight lifting belt
- 1 Strip of nylon, leather, or fabric ribbon
(The length of the strap will vary depending on the size of the actor.)
- 1 1/4 x 1/2 bolt
- 1 Nut
- 1 Screwdriver
- 1 Drill



Step 1:

Drill hole through weight lifting belt on back of belt and insert the bolt so that the bolt emerges on the outside of the belt, as seen.



Step 2:

Drill or cut hole in both ends of strap. Insert the bolt through the strap as shown.



Step 3:

Thread the nut onto the bolt securely.



You now have a completed One-Leg Rig!

How to use your One-Leg Rig:

Step 1:

Tightly belt the weight lifting belt on so that the looped strap is above the desired “amputated” leg.



Step 2:

Reach through the strap and lift the desired foot up and into the looped strap.

